

# Quest Food Management

000871 - entree- chicken rings : orland junior	Components	Attributes
HACCP Process: #2 Same Day Service Number of Portions: 50 Size of Portion: serving	Meat/Alt: 2 oz Grains: 2 oz Fruit: Vegetable: Milk:	

Ingredients	Measures	Instructions
901973 chicken rings gfs 834621....	400 ring	8 RINGS PER ORDER

\*Nutrients are based upon 1 Portion Size (serving)

Calories	514 kcal	Cholesterol	29 mg	Protein	28.57 g	Calcium	57.14 mg	40.00%	Calories from Total Fat
Total Fat	22.86 g	Sodium	1657 mg	Vitamin A	57.1 RE	Iron	2.06 mg	5.00%	Calories from Saturated Fat
Saturated Fat	2.86 g	Carbohydrates	51.43 g	Vitamin A	285.7 IU	Water <sup>1</sup>	0.00 g	0.00%	Calories from Trans Fat
Trans Fat <sup>1</sup>	0.00 g	Dietary Fiber	0.00 g	Vitamin C	3.4 mg	Ash <sup>1</sup>	0.00 g	40.00%	Calories from Carbohydrates
								22.22%	Calories from Protein

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

<sup>1</sup> - denotes optional nutrient values